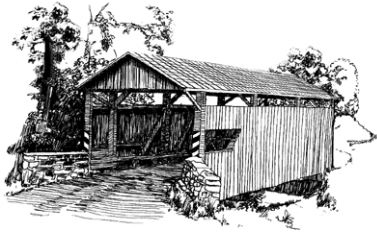


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Start the journey

Date / Date: _____

	Familiar Person		Unfamiliar Person	
Class period	Name	Anxiety (1-7)	Name	Anxiety (1-7)
1				
2				
3				
4				
5				
6				
7				
8				

Date / Date: _____

	Familiar Person		Unfamiliar Person	
Class period	Name	Anxiety (1-7)	Name	Anxiety (1-7)
1				
2				
3				
4				
5				
6				
7				
8				